Neuromas can be treated by a non-surgical procedure called Neurolysis.

This is a safe, effective means of eliminating painful neuroma problems without the need for surgery. The success rate of this procedure has been significant. The treatment plan will consist of a series of injections at one-week intervals. A quick, short injection of a small amount of alcohol and numbing medicine is placed at the site of the painful nerve or nerves. Some patients will see an improvement after the first three injections, however other individuals can require additional injections. After an injection a return to all normal activities is possible.

In our practice, this has become a valuable tool that has lessened the need for surgical intervention to correct the painful condition of a plantar/Morton’s type neuroma. Neurolysis is a covered procedure through insurance companies.